

This is your information manual for living and conducting research at the Bamfield Marine Sciences Centre. Please take a few moments to read it as most questions you might have about living and working at our facility will be answered here. We hope you have a very enjoyable and productive stay with us.

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Emergency Numbers:

Fire: 911 (9-911 on BMSC phone)

Medical: 250-728-3312 (Bamfield Health Centre) BMSC First Aid Attendant Cell Phone: 250-720-1433

Director

Dr. Sean Rogers director@bamfieldmsc.com 1-403-473-3498

Revised March 2020













### Arrival & Departure



Upon arrival there are a few things you should do:

- •Inform Visitor Services, in the main office, that you have arrived and:
  - a) confirm the date of your departure
  - b) confim your arrangements for meals
  - c) confirm your BMSC billing account number. This will give you access to
- photocopy and fax machines, long distance phone services, and meal services in the cafeteria.
- •Inform the Research Coordinator of your arrival.

Research Coordinator research@bamfieldmsc.com 728-3301 ext 255 Office: Lower floor Rix Centre Visitor Services info@bamfieldmsc.com 728-3301 ext 221 Office: Main building admin office

#### Wireless Security Passcode: 84mf13LDm5c

Researchers and students should use <location>-Guest wifi access points;

You must also send our IT department the MAC address of your device - Google it if you don't know how to obtain it for your device.

When preparing to leave BMSC there are a few things to remember:

Please clean up your lab space by:

- •Dispose of organisms, as per Animal Care Coordinator instructions.
- •Returning all equipment to the Research Coordinator
- •Cleaning any tanks used
- •Ensuring all chemicals and chemical waste are labeled and removed.
- •Depositing any broken glass (rinsed 3 times) in the white lab buckets.
- •Charges will be applied if research services is required to clean up after you.

Check out of on-site accommodations is 10:00 am. Special arrangements for check out time can be made with Visitor Services in the main office.

# Emergency Numbers

On all internal phones dial 9 to get an outside line. Use area code 250 for local calls.

FIRE: CALL (9) 911 POISON CONTROL: 1-800-567-8911

#### MEDICAL EMERGENCY DURING WORK HOURS 0830 to 1630:

BMSC Occupational Level 3 First Aid Attendant cell phone: (9) 250-720-1433.

If unable to reach the First Aid Attendant, contact BMSC switchboard from internal phone ex. 221 or from outside line **250-728-3301 ext. 221**. The switchboard operator will alert the BMSC First Aid Attendant.

For serious injuries contact the Bamfield Health Centre, VIHA (Vancouver Island Health Authority) (9) 250-728-3312 VHF Ch. 82a

#### MEDICAL EMERGENCY AFTER WORK HOURS: 1630 to 0830

Bamfield Health Centre (VIHA): Nurse on call 24 hours cell: (9) 250-730-1682, located at 353 Bamfield road - Must call ahead.

Bamfield Coast Guard Station Medic: (9) 250-728-3322 VHF Ch. 16

BMSC First Aid Attendant: cell (9) 250-720-1433 (after hours-message only) VHF Ch. 9

MISSING PERSONS Joint Rescue Coordination Center: 1-800-567-5111 via cell #727

#### FACILITIES EMERGENCY: (SEAWATER SYSTEM, POWER OUTAGE)

Internal extensions : 08:00 - 15:00		After hours:
Facilities, Chuck Spooner	272	(9) 587-989-3483 (Facilities)
Facilities, Ken Bass	223	
Facilities, Pat McNamara	223	
Electrician. Frank L'Heureaux	248	(9) 250-947-9119 (Electrician)

Operations Manager, Lee Weber 212

In the event of any accident, injury or emergency, a BMSC staff member must always be informed and follow up must be conducted with First Aid Attendant.

## Intercom Lines

MAIN BUILDING OFFICE		FORESHORE ECOPHYSIOLOGY E	BLDG.
Director	215	Fish Physiology	260
Visitor Services	221	General Lab	261
Accounting Assistant	211	Molecular Lab	262
Business Manager	212		
LIBRARY		BOATS BUILDING	
Info & Communications	213	1st Skipper	224
Lobby	214	2nd Skipper	266
LIDDED TEACHING LEVEL		Diving & Safety Officer	222
UPPER TEACHING LEVEL Universty Programs Ofiice	216	Office #2	365
IT Computers	228	Office #3	267
Instructor/TA Office	234	Office #4	264
,			
LOWER TEACHING LEVEL	010	DIVE SHED	237
Palmer Lab Instructor/TA Office	218 241		
instructor/ in Office	241	COTC	258
AQUARIUM LEVEL			
Science Stores	219	FURNACE BUILDING	236
Hall Phone	235		
WHALE LAB/McMILLAN BUILDING		FLUID DYNAMICS LAB	
Field Trips Office	226	Left Office	359
Field Trips Outer Office	273	Right Office	360
Whale Lab	270	Middle Office	265
First Aid Attendant	226	Centre Office	361
RIX CENTRE			001
Animal Care Coordinator	275	DIRECTOR'S RESIDENCE	24
Research Coordinator	255		
Upper Lecture Hall	227	BUCHANAN LODGE	
Special Programs Office	229	Second Floor Foyer	274
First Aid Room	251	Housekeeping	254
FACILITIES		1 logsekeeping	201
Maintenance Manager	272	PAY PHONES	
Electrician	248	Cafeteria 728-9370	
Maintenance office	223	Dive Shed 728-9305	
0.45575014		21VC 311CG /20-3303	
<b>CAFETERIA</b> Kitchen	239		
NILCI ICI I	233		

**BMSC FAX NUMBER** 250-728-3452

#### WIRELESS CODE <Guest> 84mf13LDm5c

For local Bamfield calls: Dial '9' then the number. Long distance: 9-1-area code-the number, you will hear a tone - dial your 5 digit code.

## Safety



#### **Medical Emergency**

- Bamfield Health Centre (east side) is staffed by a Registered Nurse
- phone (9) 250-728-3312.
- For other emergency phone numbers see page 3

**EpiPens** (intended for secondary dose administration to diagnosed Epipen carriers) are located inside first aid kits. Rooms and first aid kits equipped with EpiPens are marked with a sticker. Locations are as follows:

- Outside Visitor Services Top Floor Main Building
- \*Accessible 24 hrs\*

First Aid room - ground floor of Rix Building

\*Accessible 24 hrs\*

Dive Shed

Dining Hall Kitchen

\*Accessible 24 hrs\*

- Whale Lab Interior Office
- Dive and Safety Officer's Level 3 first aid kit office on 2nd floor of boat shed
- BMSC boat MV Alta
- BMSC boat Barkley Star

In all cases of EpiPen administration, a doctor must be notified.

#### **Prescriptions**

The closest pharmacy is located in Port Alberni. Some pharmacies will deliver prescriptions to the Francis Barkley (operating hours: Tues, Thurs and Sat's) for delivery:

250-723-6204 Shoppers Drug Mart: 250-723-6641 Safeway Pharmacy:

#### **First Aid Boxes**

First aid kits are available on every floor of every building on the station (with the exception of cabins). They are routinely checked and replenished. All first aid incidents must be reported to a BMSC first aid attendant.

#### **Fire**

- Pull the nearest fire alarm and call 9-911. Fire alarms are not linked to fire dept. Tell BMSC staff.
- Use an extinguisher if the fire is small.
- Evacuate the building, closing all doors and windows if it is safe to do so.
- Assemble in the traffic circle in front of the main building.

#### **Earthquake**

- Take shelter under a table, desk or against an inside wall until the shaking stops.
- Prepare for aftershocks.
- Assemble in the traffic circle (Evacuation site A) in front of the main building. If site A Is unsafe assemble at the tennis courts located next to visitors parking (Evacuation site B)
- If you are in the field, contact BMSC by radio (VHF Ch 9).

#### Tsunami

- In the event of a tsunami, the Bamfield Community alarm will sound continuously (different from the fire alarm which is not continuous).
- All researchers on station must leave the building and meet at the traffic circle.
- If you are in the field, make for high ground and contact BMSC by radio (VHF Ch 09).
- If you are in a boat, head for deep water and contact BMSC by radio (VHF Ch 09).

For on-site safety concerns please contact: Diving & Safety Officer

diving@bamfieldmsc.com 728-3301 ext 222

Emergency Cell Phone: 250-720-1433

### Main Office



The office is open Monday through Friday, excluding statutory holidays.

Visitor Services will assign you an account number and set up your phone, fax, and photocopier codes. All fees can be paid to using cash, debit, credit card or cheque.

For more office information contact:

Visitor Services Business Manager

info@bamfieldmsc.com controller@bamfieldmsc.com

728-3301 ext 221 728-3301 ext 212

### Fees



Scientific service rates are structured for members and non-members. Researchers with a position at a member university of WCUMSS are considered members. All fees are paid to Visitor Services in the main office.

For a detailed list of researcher fees including lab space, boats, specialty equipment, and more see: www.bamfieldmsc.com/research-overview/research-service-fees.

### Mail/Phone/Fax



#### Mail

Mail arrives Tuesday, Thursday, and Saturday on the Frances Barkley. It will be sorted and placed into communal boxes outside the main office by 5:00 pm (mail arrving Saturday mail is sorted on Monday by 11am). Postage for letters and small parcels may be purchased from Visitor Services. The Bamfield post office is located in West Bamfield, next door to the General Store.

Mail can be addressed to: Researcher name, C/O BMSC

100 Pachena Road Bamfield, BC VOR 1B0

#### **Telephones**

Free local calls: can be made from any of the black phones around station, dial 9 for outside line. Long distance: dial 9 - area code - 7 digit number. Enter your 5-digit account code when prompted.

Pay phones locations: Cafeteria

Dive Shed

#### Fax

BMSC fax number is 250-728-3452.

See Visitors Services (Shirley) for use of the fax and photocopier.

## Animal Care/Collection

BMSC is committed to the humane and ethical care and use of animals. BMSC adheres to the principle that, in order for animal use to be justifiable in scientific research and teaching, the research must have a reasonable expectation of providing a benefit to the health and welfare of humans or animals, or of advancing knowledge.

To ensure that this commitment is carried out, BMSC has established an animal care committee (ACC) to facilitate research that complies with the Canadian Council of Animal Care Guidelines and Policies and with the Russell-Burch tenet of, "reduction, replacement and refinement". Members of the ACC do regular Sciences Centre walk throughs to ensure that all animals are cared for properly and appropriate tank labels and documentation is in place. Having ACC on site ensures and provides help to researchers.

**DETAILS:** http://www.bamfieldmsc.com/resource/animal-care

**REQUIRED PERMITS:** - \*must be approved before any collection or research begins\* and generally require ~ 30 days to process. Researchers are responsible for obtaining their own scientific collection permits through Fisheries and Oceans Canada and Huu-ay-aht First Nations (HFN) if necessary.

http://www.bamfieldmsc.com/resource/permits-res

**LABEL YOUR AQUARIA:** All sea tables and aquaria which house animals must be labeled with a yellow AUP card. If your experiment is of a sensitive nature and you do not wish the experiment to be disturbed, please fill out the Self-Check Animal Use Card as well as the yellow tank card.

**COLLECTION RECORDS:** All animal collections must be reported Animal Care, either by the form available on the website (print, fill out, and return to the Animal Care office), or email the data in a spreadsheet. Contact Animal Care for further details.

http://www.bamfieldmsc.com/resource/animal-care

Animal Care acc@bamfieldmsc.com

250-728-3301 ext 275

## Research Equipment



See the BMSC research equipment database for a list of communal equipment that is available for research use:

www.bamfieldmsc.com/resource/resource-database

ALL EQUIPMENT MUST BE SIGNED OUT, AND SIGNED BACK IN UPON RETURN

Research Coordinator research@bamfieldmsc.com 728-3301 ext 255

### Chemicals



With the exception of ethanol, the research department no longer stockpiles research chemicals.

Researchers are therefore responsible for the transport of research chemicals to and from BMSC.

Research chemicals and waste left at BMSC will be disposed of and charged to researchers.

Researchers are strongly encouraged to order their research chemicals in enough time to arrive before the researcher. The research coordinator is able to order chemicals for researchers during their visit at BMSC, but this process usually takes 7-10 days.

BMSC adheres to all CCAC, WHMIS, CNSC, and WorkSafe BC standards.

The research coordinator must be advised of all chemicals on site, and an MSDS must be available.

Research Coordinator research@bamfieldmsc.com 728-3301 ext 255

## Seawater System



#### Seawater

BMSC has an open seawater system. Sea water is pumped from ~ 20 meters deep in the inlet. The two intake lines are well below the thermocline and have a very coarse mesh to ensure fish and other larger animals don't get brought up the lines.

Three pumps move the water to two 45,000 litre fibreglass header tanks located behind the cafeteria building. Each pump can move 1500 - 1800 litres of water per minute for about 2 million litres of water a day. The header tanks each have two degassing columns with 2m² of bioballs. Water leaves the header tanks via gravity flow system. The finest filter for the system is 1/8 inch. Researchers requiring cleaner water should add an extra filter to hoses in their respective tanks.

#### **Freshwater**

Fresh dechlorinated domestic water is available on the Main Building aquarium level, upper teaching lab, Rix Centre, fluid dynamics lab, and on the foreshore. There is a 120,000 litre header tank that can supply 9,000-14,000 litres per day. Fresh water costs BMSC \$2 per 1000 litres.

#### Air

Most tanks around the Sciences Centre have air access.

### Science Stores



Science stores has been closed. Please contact your program coordinator for details about acquiring necessary materials for your research, course, or field trip.

research@bamfieldmsc.com

university@bamfieldmsc.com

fieldtrips@bamfieldmsc.com

### Souvenir Store



BMSC also has a gift shop located in the Whale Lab that sells BMSC signature T shirts, hoodies, hats, mugs and water bottles. Guide books, post cards and other souvenirs are also available.

Store hours vary.

From September to May store hours are usually 1:00 pm -1:30pm, Monday-Friday.

From June to August, store hours by request.

Souvenir Store fieldtrips@bamfieldmsc.com 728-3301 ext 226

### Computers



BMSC's computer lab is located on the first floor down in the Main Bldg.

BMSC has a number of applications available in Windows 7 operating system. A full list is available from the BMSC website: http://www.bamfieldmsc.com/resource/it-systems

#### **Saving Files**

You can save your files on a personl USB stick

#### **Printing**

For help with your computer please see the IT System Administrator.

IT System Administrator admin@bamfieldmsc.com 728-3301 ext 228

#### HOW TO LOG IN:

#### **COMPUTER LAB**

login: bmsuser pswd: pass2bms

Warning: Never save files on the local hard-drives of lab computers because they will be deleted at random.

To prevent loss of your personal files, it is best to save them to a removable USB flash drive. Save early, save often, especially during a storm.

On the lab computers, you can print from any application. The printer in the computer lab is the only one to be used by students. You may also convert documents to PDF format using the built-in PDF printer.

When the lab is busy, and many people are trying to print, the printer will sometimes have a long delay before it can process a job. Clicking the print button, or the OK button on the print applet 20 times will not make it print any sooner. If your print job stalls, please cancel the print job on the computer before walking away or resetting the printer.

Most modern cameras and phones capture multi-megapixel images. Such high resolutions are impractical and unnecessary in printed documents. To reduce the file size and improve print speed, you should properly SCALE any photos or images using a photo-editing program, rather than merely resizing them while working in Word. Win7 has an application named XnView on the lab PC's that allows you to easily scale a large batch of images.

### Network



#### HOW TO LOG IN:

#### **CONNECT YOUR LAPTOP:**

There are network ports located throughout BMSC, but most are inactive. If you need to physically connect your computer to the BMSC network, please contact IT; otherwise just follow the wireless access guide.

You may have to configure your computer so that it will obtain an IP address automatically. Users will have to refer to the their owner's manual or Help Files to determine how these settings are accessed.

Apple computers have encountered problems with accessing some of our WiFi points (listed on back of brochure). In the event that your Mac can see a wireless station, but has connection problems, you may have to purge all the memorized connections from the Airport control panel.

Further tips and instructions can be found on the BMSC wiki site:

http://moodle.bamfieldmsc.com

Public > Public Wiki > Computer Services for more information.

#### **WIRELESS ACCESS:**

Older laptops may experience some difficulty, as we moved to WPA2 encryption.

Researchers and students should use **<location>-Guest** wifi access points;

#### Wireless Security Passcode: 84mf13LDm5c

You must also need to send our IT department the MAC address of your device - Google if you don't know how to obtain it for your device.

There is wireless access most areas of BMSC.

Wireless services are inherently insecure, and BMSC assumes no responsibility for any harm or loss incurred by the use of this service.

Where security is an issue, IT can assist you to connect with an Ethernet cable.

IT System Administrator admin@bamfieldmsc.com 728-3301 ext 228

### Boats



Persons using boats must be familiar with **BMSC Boating Policy**: http://www.bamfieldmsc.com/resource/policies-information-researchers

BMSC has several vessels available for research and education purposes. Users must meet minimum certifications to operate vessels (see below). All users must complete a boat check out and orientation from Foreshore staff before first boat use. Boat use fees are associated with non-course-related research use and quotes are available from Research and Foreshore staff.

#### Our fleet:

- · Three Skiffs with a maximum capacity of 12 people plus driver, and are suitable for diving.
- · Raider with a maximum capacity of 4 people plus driver, and is suitable for diving.
- Four 14' Copes (aluminum boats) each with a maximum of 4 people, and one 16' Cope with a maximum capacity of 5 people.
- Large research vessels: Barkley Star and MV Alta; must be crewed by two qualified BMSC staff members and are available for diving and various sampling and survey activities.
- Two rowboats are available for non-research use during daylight hours only (dawn dusk). Check-in with Foreshore staff for rowboat use guidelines, and appropriate West Bamfield docks to use. Sign rowboats out via rowboat sign-out sheet located in sign-out station at the dive shed.

#### Minimum required certifications for operation of BMSC motorized vessels:

- Skiffs and Raider SVOP, MED-A3/SDV-BS, ROC-M, and valid First Aid (16-hr, in-person course with CPR-C).
- Copes PCOC and valid First Aid (16-hr, in-person first aid with CPR-C).
- All drivers of the skiffs, Raider, and Copes must have a check-out and orientation by Foreshore staff.
- Rowboats require an orientation before use by a knowledgeable BMSC staff member.
- See www.theoperatorcard.ca to obtain an online PCOC certification.

#### Boat Sign-out procedures:

- Before use, all motorized vessels must be signed out by completing a sail plan. Sail plan forms are in the boat signout station in the Dive Shed.
- · Rowboats are signed out using the Rowboat sign-out sheets also located at the sign-out station.
- Boats may be reserved in advance by emailing Foreshore staff or in-person using boat booking forms located in sign-out station. Boats not taken out within 30 minutes of reservation time are made available on a first-come firstserved basis.
- If boats are not back at the dock within 30 minutes of the return time indicated on the sign-out sheet or sail plan, search and rescue will be initiated by BMSC with the Canadian Coast Guard.

#### Basic Foreshore Safety (users must refer to BMSC Boat Policy for complete boating safety rules):

- Wearing of personal floatation devices (PFDs) is mandatory at all times on BMSC docks and in all boats. PFDs can be found in heated cupboards adjacent to the sign-out station.
- All vessels must carry Transport Canada mandated safety equipment. A checklist is provided in Appendix A of the BMSC Boat Policy (http://www.bamfieldmsc.com/wp-content/uploads/2020/03/FS\_Boat\_Policy\_Sept2017.pdf). It is the operator's responsibility to ensure all mandatory safety equipment is present and functional before departure. Life jackets, safety buckets, charts, and VHF radios are available for sign-out in the Dive Shed.
- Ensure sufficient fuel for trip (gas can be found in the caged fuel shed).
- Failure to comply with these rules will result in revoking of boating privileges.

**Red Sign:** Vessels may not leave the inlets when wind is greater than 20 knots, and when wave height is greater than 1 m. When weather and sea conditions are potentially dangerous, the red/green sign located in the sign-out station will be turned red side out indicating "Hazardous Conditions exist. Boat Use Outside Harbour Requires Special Permission." Permission to operate in these conditions must be obtained from Foreshore personnel.

**After Hours Check In:** Use of BMSC boats outside of normal working hours (M-F, 0830-1630) requires permission from Foreshore staff and the designation of an after hours check in person who is familiar with BMSC boating policy and is made aware of the details of your trip plan to ensure your safe return.

#### Contact:

Foreshore staff monitor VHF Channel 09; 8:30 - 4:30, Mon-Fri

skipper@bamfieldmsc.com skipper2@bamfieldmsc.com 728-3301 ext 224 728-3301 ext 266

diving@bamfieldmsc.com 728-3301 ext 222

## Scientific Diving



Bamfield Marine Sciences Centre is geographically placed to provide excellent opportunities for pelagic and subtidal research.

All individuals wishing to undertake scientific diving must notify the Diving Officer, well in advance of the proposed commencement of diving activities. Potential divers must provide proof of certification, a current dive medical and a logbook prior to training or diving at BMSC.

More information about BMSC diving here: http://www.bamfieldmsc.com/resource/scientific-diving

All diving activities at the Bamfield Marine Sciences Centre are undertaken on a voluntary basis. BMSC diving activities are primarily governed by the CAUS (Canadian Association for Underwater Science), the Standard of Practice for Scientific Diving (as exempted by the Canadian Standards Agency, CSA Standards Z275.2 and Z275.4) and additionally the WCB Occupational Health and Safety Regulation, Part 24: Diving.

#### **WCUMSS SCUBA Diving and Snorkel Policies**

http://www.bamfieldmsc.com/resource/policies-information-researchers

It is the responsibility of every user, wishing to SCUBA dive, to be familiar with these policies.

Diving activities and training at the BMSC are for research or academic purposes. Sport diving through BMSC is not permitted.

Divers are trained and/or evaluated in accordance with CAUS Standards to meet the criteria for Scientific Diver qualification. Individuals are categorized as to their BMSC scientific diving status:

- •CAUS Scientific Diver- In- Training (initial classification prior to scientific diver certification)
- •CAUS Scientific Diver 1
- •CAUS Scientific Diver 2
- •Other-at the discretion of the Diving Officer this allows for the recognition of reciprocal/ equivalent scientific diving status and under stipulations imposed by the BMSC Diving Officer the granting of temporary/ visiting diver status in certain circumstances.

Divers are required to respect imposed graduated depth restrictions- 40ft/12m; 60ft/18m; 80ft/24m; 100ft/30m; 120ft/36m; 130ft/40m. Other.

Diving and Safety Officer: diving@bamfieldmsc.com 728-3301 ext 222 www.bamfieldmsc.com

## Library



The Devonian Library is open for use 24 hours a day and is wifi connected.

Our collection currently includes over 4,600 marine, coastal and life sciences books which may be signed out.

A number of references such as student reports, BMSC publications, maps, charts, aerial photographs and historical archives are also available for use in the library.

The library website has detailed information on:

- how to search the library catalogue
- how to request inter-library loans
- journal holdings
- BMSC student reports

http://www.bamfieldmsc.com/resource/library

For researchers without access to journals online through their home universities, contact the Librarian.

Librarian: library@bamfieldmsc.com

### Cafeteria



Centrally located on campus, the cafeteria offers a varied menu of healthy, delicious foods. Lunch and dinner meals include all-you-can-eat salad bar and dessert. Special diets and most food allergies can be accommodated with advance notice. The dining hall seats 150 people per meal.

#### **Meal Times**

Breakfast: 7:30 AM - 8:00 AM Lunch: 12:30 PM - 1:00 PM Dinner: 6:00 PM - 6:30 PM

Meals are served for the first 30 minutes.

Throughout the summer months, a brunch is served on Sunday at 10:00 AM.

Coffee breaks are Monday to Friday at 10:00 am and 3:00 pm. Complimentary coffee, tea, and hot chocolate are provided.

#### **Meal Prices**

#### \*\*ALL MEALS MUST BE SIGNED FOR\*\*

Any food left out (such as 'seconds', desserts, fruit) is for paying clients only.

Breakfast: \$9.50 Brunch: \$12.00 Lunch: \$10.50 Dinner: \$17.00 Soup: \$2.75 Salad Bar: \$3.75

\*prices subject to change

#### Other Information

- •For occasional use of the cafeteria, please inform the staff by 10am to ensure preparation of enough food. There is a sign up sheet posted in the cafeteria lobby.
- •Meal tickets are to be deposted in the box at each meal. You will receive an invoice from main office.
- •In some circumstances if you know you will be late for a meal due to field work etc, inform the kitchen and they may be able to put food aside for you.
- •Bag lunches need to be requested with 48 hours advance notice.
- •Overnight trips requiring meals need to be requested with 48 hours advance notice.

For food service inquiries or to arrange a special meal request, please contact:

Kitchen: 728-3301 ext 239 chef@bamfieldmsc.com

## Housekeeping



Housekeeping: We do our best work, so you can do yours!

Cabins are cleaned once a week usually Tuesday/Wednesday. More frequent cleaning can be negotiated with housekeeping staff.

Offices are cleaned approximately every other day. Contact housekeeping to make alternate arrangements if necessary.

Please ask housekeeping for any supplies you may need including: extra garbage bags, tea towels, cookware etc.

Checkout is at 10 am unless special arrangements are made with Visitor Services.

You may leave messages for housekeeping with Visitor Services in the main office or leave a note in the housekeeping mailbox.

Housekeeping housekeeping@bamfieldmsc.com 728-3301 ext 254

### Laundry



Laundry facilities are available for people living on station. There are coin-operated washers (loonies) and dryers in the cafeteria building and in the Buchanan Lodge. Change for these machines is available from Visitor Services in the main office. Laundry soap can be purchased at local general stores.

## Garbage & Recycling



Recycling bins are located behind the careteria. Extra garbage may be taken to the container in front of cabin 3.

Please CLEAN and sort your recycling and place it in the appropriate containers behind the cafeteria. Cleaning is necessary in order to avoid attracting bears, raccons and rats.

Tin cans should be washed and the paper removed. Plastic milk jugs must be rinsed and flattened. Recycling includes cardboard, paper, and most other materials including pop and liquor bottles.

GLASS: Place all unbroken glass in regular garbage bag.

Place broken glass in special glass disposal buckets under the kitchen sink in all cabins.

Broken glass may also be disposed of in a special marked container outside, at the back of the dining hall.

### Groceries



Groceries can be purchased from the two general stores in Bamfield. Each carries a small range of convenience items including dairy, frozen, produce, confectionery, and toiletries. Both are authorized BC Liquor outlets.

Bamfield Mercantile & Marine West Bamfield on the boardwalk Access by boat. 728-3351 The Market
East Bamfield by the 4 way stop
728-2000

Groceries can also be purchased from either Quality Foods or Safeway in Port Alberni, which will be delivered to Bamfield via the Francis Barkley. There is a grocery picking fee of about \$10 plus HST and a shipping charge of about \$10 an order. Specify at which government dock (east or west) you will be picking up your groceries. BMSC is on the east side.

Quality Foods, Port Alberni Phone: 250-723-3397. Shop online www.qualityfoods.com

Minimum order of \$30 before taxes etc.

Save-on-Foods Phone - 250-723-6212 Fax - 250-723-1026

Orders should be placed by fax prior to 9am Tuesday. Phone orders are received between 9-11am Tuesday.

## Smoking/Alcohol



Please respect others around the centre. BC Provincial Law mandates that a 3 metre smoke-free buffer zone exist around all doors and opening windows.

There is no smoking in the cabins or in any other BMSC Building.

Alcohol consumption is allowed in the cabins and in your room. Alcohol consumption is not allowed on the BMSC grounds.

From May to December, BMSC students, researchers, and staff gather at the Director's residence for Happy Hour, Friday's from 5-6pm. Supply your own beverage.

## Sustainability



BMSC is working towards becoming a green facility. There are a number of ways in which you can help.

- Turn out lights when you leave a room. This includes your cabin, lab space, and any other room you see unoccupied. The Rix Centre lights are notoriously left on.
- Turn down the heat in the cabins. In cabins 3-6, the thermostats are in the lower apartment.
- Choose phosphate-free and bleach-free laundry soap.
- Conserve paper; print double-sided.
- Minimize the seawater flow. Only have the seawater flowing as much is necessary for the animals you are housing.
- Clean all recyleables, and do not contaminate recyclables with non-recyclable materials.

### Power Outage



Occasionally, severe storms may lead to power outages in Bamfield. The centre is equipped with back up generators that automatically start when the power goes out, which allow for normal functioning of the station and ensure that seawater continues to circulate. However, because we are such a large facility, not all rooms and equipment are hooked up to the generator. Heating and washers and dryers will not work during power outages and some offices may not have any power. Please be patient during these times. Power outages are stressful for everyone.

During power outages, please reduce water flow to animals and reduce power consumption to reduce stress on generators. Unplug all sensitive equipment to protect it from power surges on restart.

### Animals on Station



#### Pets

BMSC has a "no pet" policy while living on station. Pets are not permitted in any BMSC building. Dogs must be on a leash at all times when on BMSC property.

#### Be Bear and Cougar Aware

As we are located in a remote area, there are bears, cougars and other wild animals in the area.

All dumpsters are fitted with bear proof locks.

Here are a few things you can do to decrease the chance of finding a bear or raccoon in your bed!

- •Close all doors at night. This applies to all buildings
- •Dispose of your garbage in appropriate places. Do not leave garbage on porches or outside as it attractants bears, cougars, raccoons, and birds

Any persons intentionally feeding bears or raccoons will be asked to leave BMSC.

## Field Trips



The award winning Field Trips program is part of the Education Department of BMSC. Field Trips runs programs for school, adult, and university groups, introducing thousands of individuals each year to marine and coastal sciences.

Field Trip Office http://www.bamfieldmsc.com/education fieldtrips@bamfieldmsc.com 728-3301 ext 226

### **Public Tours**



Public tours of the Marine Sciences Centre may occur in July and August, subject to staff availability.

Tours end in the Whale Lab with an opportunity for souvenir purchases and/or a donation to the Bamfield Boot.

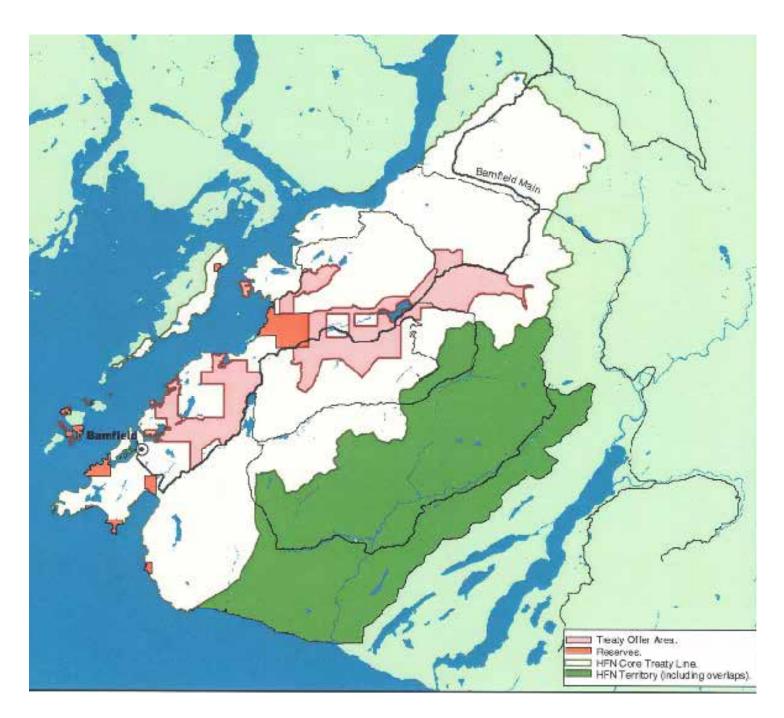
For day and times, see:

http://www.bamfieldmsc.com/education/individuals-groups/bmsc-facility-tours

## Huu-ay-aht



BMSC occupies land in the traditional territory of the Hyu-ay-aht First Nations (HFN). To maintain our good relations with the First Nations People, please do not visit or work on reserve lands without proper permits.



Areas in pink and dark red are First Nations Reserve Territory and require special access/collection permits from the Huu-ay-aht Natural Resources Office. Contact Rita Johnson by phone 250.723.0100. Fax 250.723.4646.

Map adapted from HFN website.

## Suggestions



Please make any suggestions for how we can improve the quality of your experience at BMSC on this page. The suggestion sheets will be retrieved periodically throughout the year to help us improve the services we provide.

Comments can also be directed to:

Communications happening@bamfieldmsc.com 728-3301 ext 216











